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Is it safe to eat?

Use a food thermometer to be SURE.





160°F

Ground Meat & Egg Dishes



Beef, Veal, Pork & Lamb



145°F



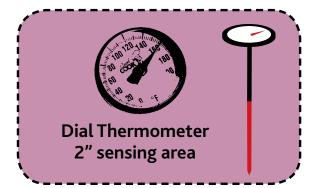


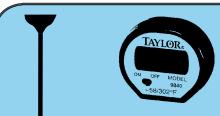


Steaks & Roasts +3 minute rest time for



Beef, Veal, Pork, & Lamb





Digital Thermometer 1/2" sensing area

www.ext.vt.edu

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