

Virginia 4-H Dog

## Project/Record Book

Publication 4H-8(4H-846P)
$\qquad$

## Virginia 4-H Dog Project Member Record Book

Name: $\qquad$ DOB: $\qquad$ Age: $\qquad$
Physical Address: $\qquad$
Mailing Address: $\qquad$
What county/city 4-H dog program are you enrolled?
4-H Dog Club: $\qquad$ Years in 4-H: $\qquad$
Date Project Started: $\qquad$ Date Project Completed: $\qquad$

## Member Statement:

I hereby certify that as the $4-\mathrm{H}$ member of this project, I have personally kept records on this dog project and have personally completed this record book:
4-H Member Signature:__ Date

Parent/Guardian Signature: $\qquad$

4-H Leader: $\qquad$ Date
$\qquad$
$\qquad$

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## Project Planning:

This page should be completed at the beginning of your project and reviewed by your leader or project helper for review.

Set three (3) goals for yourself this year. A goal is a statement of what you want to learn or a task to complete. After each goal, list three (3) objectives to help you reach your goal. An objective is a statement that tells one action you will do while working towards your goal. Objectives can be measured. For instance, what do you want to learn; what do you hope to accomplish; or what new activities do you want to try.

## Goal 1:

Objective 1: $\qquad$

Objective 2: $\qquad$
Objective 3: $\qquad$

## Goal 2:

Objective 1: $\qquad$
Objective2: $\qquad$
Objective 3: $\qquad$

## Goal 3:

Objective 1: $\qquad$
Objective 2: $\qquad$
Objective 3: $\qquad$
$\qquad$

## Project Planning (continued):

Planning ahead for your project helps you to determine approximately how much it is going to cost you to keep your dog. These are not your actual expenses, but what you think your expenses are going to be. Complete this at the beginning of your dog project and submit to your leader or project helper for review.

| Estimated Budget |  |  |  |
| :---: | :---: | :---: | :---: |
| Items | Number, Amount or Volume | Price per Unit | Total Estimated Cost |
| Example: XYZ Brand Dog Food | 401 bag | \$45.00 | \$540.00 |
| Dog Food |  | \$ | \$ |
| Supplements |  | \$ | \$ |
| Treats |  | \$ | \$ |
| Housing (crates, pet beds, kennel) |  | \$ | \$ |
| Veterinary expenses |  | \$ | \$ |
| Dog Licenses |  | \$ | \$ |
| Equipment |  | \$ | \$ |
| Grooming Supplies |  | \$ | \$ |
| Grooming |  | \$ | \$ |
| Toys |  | \$ | \$ |
| Training Classes |  | \$ | \$ |
| Transportation |  | \$ | \$ |
| Entry/Registration Fees |  | \$ | \$ |
| Breeding and Registration Fees |  | \$ | \$ |
| Miscellaneous Costs |  | \$ | \$ |
| Other Expenses (please describe) |  | \$ | \$ |
| Other Expenses (please describe) |  | \$ | \$ |
| Total Estimated Costs |  |  | \$ |

## Project Animal Records:

Keeping records helps you to:
$\square$ Learn about dogs - the costs and time requirements involved in caring, managing, and training.
$\square \quad$ Plan and budget for future projects.
$\square$ Improve your abilities to interact and train your dog.
$\square \quad$ Understand and apply business concepts when making decisions about your dog project.
$\square$ Practice responsible dog ownership, dog care and welfare.
$\square$ Value the role that your dog plays in your family and that dogs in general play in society.
$\square$ Have information needed to apply for awards and scholarships.
$\square$ Complete applications and resumes for college and jobs.

## Project Picture:

Attach Photograph of your project dog in the below space:
$\square$

## Dog Project Identification:

Complete the following information about your project dog.

| Name of Dog | Registration <br> AKC/UKC\# | Description <br> (breed, color) | Height | Weight | Age | Sex | Spay or <br> Neuter | Whelped <br> (born) | Purchased <br> Adopted <br> Date | Value |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |

## Additional Information:

(attach additional sheets for multiple dogs)

How old was your dog when you got him or her? $\qquad$
How long have you had yourdog? $\qquad$
Where did you get your dog? $\qquad$
Do you know your dog's parents (Sire/Dam)? $\qquad$

## Dog Project Identification (continued):

Tell us more about your dog:

|  | Item |
| :--- | :--- |
| Answer |  |
| What is your dog's favorite Food |  |
| What is your dog's favorite Treat |  |
| What is your dog's favorite Toy |  |
| Does your dog live (inside or outside) |  |
| Crate, kennel or doghouse |  |
| Your dog's favorite place to be |  |
| Your dog's favorite thing to do |  |
| Was your dog trained when you got him/her |  |
| If yes, what kind of training |  |
| Does your dog like to ride in the car |  |
| Where does your dog sleep |  |
| What time does your dog wake up |  |
| Who is your dog's best friend |  |
| How often do you feed your dog each day |  |
| What time(s) does your dog eat |  |
| Has your dog ever acted aggressively towards <br> another dog |  |
| If yes, what situation(s) caused this behavior |  |
| Has your dog ever acted aggressively towards <br> another person |  |
| If yes, what situation(s) caused this behavior |  |
| Anything else you would like share about your <br> dog |  |

## Dog Care and Management:

At the beginning of your project, ask your 4-H advisor or project helper to inspect and evaluate your dog in the different areas below. This inspection will help make you aware of areas that need improvement in the care of your dog.


## Dog Care and Management (continued)

## ResponsibleDog Ownership:

Owning a dog is a commitment that can last for many years. You must provide them with suitable shelter, food and water as well as regular veterinary care and vaccinations. It is also your responsibility to provide proper grooming, exercise and training. This section will help you reflect on your responsibilities.

Use the list below to help you determine your current level of responsibility as well as areas that you want to improve.

|  | What I'm <br> already <br> doing | What I <br> want <br> improve |
| :--- | :--- | :--- |
| Provide adequate housing and bedding |  |  |
| Always provide access to clean, fresh water |  |  |
| Feed a balanced diet specific for my dog |  |  |
| Feed my dog daily or more often as needed |  |  |
| Feed my dog only foods that are meant for dogs |  |  |
| Properly store all dog food and treats |  |  |
| Keep food and water bowls clean |  |  |
| Keep crates, carriers, pens, kennels and bedding clean |  |  |
| Use an appropriate collar and leash |  |  |
| Use appropriate grooming equipment |  |  |
| Groom my dog daily or as needed |  |  |
| Bathe my dog as needed with products only meant for dogs |  |  |
| Be aware of the health and comfort of my dog |  |  |
| Establish a veterinarian/client/patient relationship |  |  |
| Developa year-round wellness program to prevent disease, including vaccinations |  |  |
| Properly treat my dog for internal and external parasites |  |  |
| Observe my dog daily and get immediate health care if necessary |  |  |
| Keep accurate health records |  |  |
| Observe and follow label directions for medication prescribed by my veterinarian |  |  |
| Properly store, label and account for all dog medications |  |  |
| Obtain a county dog license for my dog |  |  |
| Microchip or tattoo my dog |  |  |
| Provide and identification tag for my dog |  |  |
| Spay or neuter my dog |  |  |
| Learn local laws regarding ownership, leash laws, licensing and vaccination |  |  |
| Do not allow dog to roam free or unsupervised |  |  |
| Exercise and play with my dog daily |  |  |
| Socialize my dog |  |  |
| Use positive reinforcement and humane methods with my dog |  |  |
| Do not allow my dog to bark uncontrollably |  |  |
| Clean up after my dog when we walk outside or if they have an accident indoors |  |  |
| Do not allow my dog to approach someone without their permission |  |  |
| Teach my dog to become an AKC Canine Good Citizen |  |  |
| Treat my dog as a member of the family |  |  |
| Other: |  |  |
|  |  |  |

## Dog Care and Management (continued)

## Responsible Dog Ownership:

After deciding which areas you want to improve, describe HOW you are going to make those improvements:

## At the End of Your Project:

| Did you improve the care you provided your dog? |
| :--- |
|  |
| What worked well? |
| What would you change? |

## DogAnatomy:

Label the parts of a dog below:

$\qquad$ 17.
25.
$\qquad$ 26.
$\qquad$ 18. $\qquad$
11.
19.
27.

$\qquad$
$\qquad$
20.
28.

$\qquad$
$\qquad$ 29.
$\qquad$ 21.
$\qquad$ 13.
14.
22. 30.
$\qquad$
$\qquad$
$\qquad$ $15 . \quad$
23.
31.
24.
32.
16. $\qquad$

## Equipment and Supplies Record:

At the beginning of the 4-H year, take an inventory of what equipment and supplies are on hand. If the cost is not known, estimate the replacement value. Add new equipment or supplies you purchase to the list.


| New Inventory - Equipment and Supplies purchased during the project year. <br> Wear and tear occurs on equipment as we use it. New items will depreciate (go down in value). Please take this into account when putting a dollar value on your inventory. |  |  |
| :---: | :---: | :---: |
|  | \$ | \$ |
|  | \$ | \$ |
|  | \$ | \$ |
|  | \$ | \$ |
|  | \$ | \$ |
| New Inventory Total Amount | \$ | \$ |
| Grand Total (New \& Beginning Inventory) | \$ | \$ |


| Beginning Value | Present Value |  |
| :---: | :---: | :---: |
| \$ | \$ |  Equipment <br> Expenses |

## Nutrition

Feeding your dog a complete and balanced diet is essential for maintaining their health. Choosing the right diet involves considering the dog's life stage, lifestyle and body condition. Making sure your dog is eating a high-quality diet is an important step in keeping them happy, healthy and able to play and perform. Proper feeding is evident in a glossy coat, strong muscles and an alert, ready attitude.

Attach a dog food label of the primary dog food used for your project animal

Complete the information below about your dog food and feeding information:


## Nutrition (continued):

## Allergies:

| List any food allergies/sensitivities: | 1. |
| :--- | :--- |
|  | 2. |

## Foods to Avoid

There are several foods that humans eat that your dog should not eat. Some foods can cause severe diarrhea as well as cause vitamin deficiency. Other foods can interfere with your dog's heart, liver and kidney functions causing renal failure and sometimes death.

Please list at least 3 things dogs should NOT eat and why:

| Item | Why they should not eat |
| :--- | :--- |
|  |  |
|  |  |
|  |  |

## Cost of Food,Supplements and Treats:

| Food | Type <br> (dry, semi-moist, canned) | Amount fed per <br> Day | Monthly <br> Cost | Yearly <br> Cost |
| :--- | :--- | :--- | :--- | :--- |
|  |  |  | $\$$ | $\$$ |
|  |  |  | $\$$ | $\$$ |


| Supplement | Used for | Amount fed per <br> Day | Monthly <br> Cost | Yearly <br> Cost |
| :--- | :--- | :---: | :--- | :--- |
|  |  |  | $\$$ | $\$$ |
|  |  |  | $\$$ | $\$$ |


| Treat | Used for <br> (reward, training, dental, <br> medication, play) | Amount fed per <br> Day | Monthly <br> Cost | Yearly <br> Cost |
| :---: | :---: | ---: | :--- | :--- |
|  |  |  | $\$$ | $\$$ |
|  |  |  | $\$$ | $\$$ |


| TOTAL ALL FOOD, SUPPLEMENTS AND TREATS | Monthly <br> Cost | Yearly <br> Cost |
| :---: | :---: | :---: |
|  | $\$$ | $\$$ |

Use the formula below to determine the monthly and yearly cost of food, supplement or treat:


## Health Record:

An annual wellness program should be established for your dog. This includes regular visits to your veterinarian for a wellness check and vaccinations. In the chart below, record the vaccinations given including the expiration date so you know when your dog needs to be revaccinated. You may attach extra pages for additional dogs.

| Date | Length ( $\mathbf{1 y r}$; $\mathbf{3 y r}$ ) | Vaccination Record Type <br> (* The starred vaccines are often given in combination. If your dog receives a combination, just circle or highlight what is included and list the cost once) | Expiration Date |  | Cost |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Distemper* |  | \$ |  |
|  |  | Hepatitis* |  | \$ |  |
|  |  | Leptospirosis* |  | \$ |  |
|  |  | Parainfluenza* |  | \$ |  |
|  |  | Parvovirus* |  | \$ |  |
|  |  | Rabies |  | \$ |  |
|  |  | Bordetella |  | \$ |  |
|  |  | Lyme Vaccine |  | \$ |  |
|  |  | Other |  | \$ |  |
|  |  | Total Vaccination Expenses |  | \$ |  |



## Vet Check/Treatment:

You may attach extra pages for additional dogs.

| Date | Diagnosis/Treatment/Medications | Cost |
| :---: | :---: | :---: |
|  |  | \$ |
|  |  | \$ |
|  |  | \$ |
|  |  | \$ |
|  |  | \$ |
|  |  | \$ |
|  |  | \$ |
|  |  | \$ |
|  |  | \$ |
|  |  | \$ |
|  |  | \$ |
|  |  | \$ |
|  | Total Vet Expenses | \$ |

## Competitive Dog Show Ring Record

Record the date and name of any dog shows/trials attended including, placing out of the number of entries in the class and awards earned.

| Date | Show | Venue | Class <br> (Example: Beginner Novice Agility) | Placing | Awards or Premiums Won | Qualifying Legs or Titles Won | Entry Fees |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | out of |  |  |  |
|  |  |  |  | out of |  |  |  |
|  |  |  |  | out of |  |  |  |
|  |  |  |  | out of |  |  |  |
|  |  |  |  | out of |  |  |  |
|  |  |  |  | out of |  |  |  |
|  |  |  |  | out of |  |  |  |
|  |  |  |  | out of |  |  |  |
|  |  |  |  | _out of |  |  |  |
|  |  |  |  | _out of |  |  |  |
|  |  |  |  | TOTALS | \$ |  | \$ |

## Training Record:

In each section, document the skills your dog has mastered for each item.

| OBEDIENCE | (\% | ¢ | - |  |  | Date(s) <br> Demonstrated At Practice | Leader Approval | Date(s) <br> Demonstrated <br> In Show Ring |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Heel on leash | X | X | X | X |  |  |  |  |
| Heel Free |  | X | X |  | X |  |  |  |
| Figure Eight (on leash) | X | X | X |  |  |  |  |  |
| Figure Eight (off leash) |  |  |  | X | X |  |  |  |
| Sit for Exam | X | X |  |  |  |  |  |  |
| Stand for Exam |  |  | X |  |  |  |  |  |
| Sit/Stay | X |  |  |  |  |  |  |  |
| Recall | X | X | X |  |  |  |  |  |
| Drop on Recall |  |  |  | X | X |  |  |  |
| Stay sit or down |  | X | X |  |  |  |  |  |
| Long Sit (out of sight 3 min ) |  |  |  |  | X |  |  |  |
| Recall over High Jump |  |  |  | X |  |  |  |  |
| Recall over Broad Jump |  |  |  | X |  |  |  |  |
| Long Down (out of sight 3 min.) |  |  |  | X |  |  |  |  |
| Long Down (out of sight 5 min ,) |  |  |  |  | X |  |  |  |
| Other: |  |  |  |  |  |  |  |  |
| Other: |  |  |  |  |  |  |  |  |

Training Record (continued):

| STANDARD AGILITY |  |  |  |  | 边 | Date(s) <br> Demonstrated At Practice | Leader Approval | Date(s) <br> Demonstrated In Show Ring |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Single Bar Jumps (no wings) | X |  |  |  |  |  |  |  |
| Single Bar Jumps (may include wings) |  | X | X | X |  |  |  |  |
| Double Bar Jumps |  |  | X | X |  |  |  |  |
| Triple Bar Jump |  |  |  | X |  |  |  |  |
| Open Tunnels (two) | X | X | X | X |  |  |  |  |
| Tire Jump |  |  | X | X |  |  |  |  |
| Broad Jump |  |  | X | X |  |  |  |  |
| 6-Weave Poles |  |  |  | X |  |  |  |  |
| Pause Table |  | X | X | X |  |  |  |  |
| A-Frame (contact) | X | X | X | X |  |  |  |  |
| Dog Walk (contact) |  |  | X | X |  |  |  |  |
| See Saw/Teeter (contact) |  |  |  | X |  |  |  |  |
| Other: |  |  |  |  |  |  |  |  |
| Other: |  |  |  |  |  |  |  |  |

Note: The number of obstacles vary by class and by venues such as 4-H, AKC, USDAA, NADAC. Please check the rulesfor each trial before you enter. The chart above is only a general guideline for training for $4-\mathbf{H}$ agility classes.

## Training Record (continued):

| RALLY |  |  |  |  | Date(s) <br> Demonstrated At Practice | Leader Approval | Date(s) <br> Demonstrated <br> In Show Ring |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| On-Leash | X |  |  | X |  |  |  |
| Off-Leash |  | X | X |  |  |  |  |
| 10-15 Stations | X |  |  | X |  |  |  |
| Nor more than 3 Stationary exercises | X |  |  | X |  |  |  |
| 12-17 Stations |  | X |  |  |  |  |  |
| No more than 5 Stationary Exercises |  | X |  |  |  |  |  |
| One Jump (broad, high, or bar) |  | X |  |  |  |  |  |
| 15-20 Stations |  |  | X |  |  |  |  |
| Call to Heel Marker |  |  | X |  |  |  |  |
| No fewer than 3 and no more than 7 Stationary Exercises |  |  | X |  |  |  |  |
| Two Jumps |  |  | X |  |  |  |  |
| Sit-Stay Exercise |  |  | X |  |  |  |  |
| 4 Dog Teams <br> (Juniors or Seniors may compete together; all levels of experience may compete together) |  |  |  | X |  |  |  |

Note: The number of stations and exercises may be different at other events. This is only to be used as a general guideline.

## Training Record (continued):

| SHOWMANSHIP |  | 号 | Date(s) <br> Demonstrated At Practice | Leader Approval | Date(s) <br> Demonstrated In Show Ring |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Dog Presentation |  |  |  |  |  |
| Ring Procedure |  |  |  |  |  |
| Dog Grooming |  |  |  |  |  |
| Appearance |  |  |  |  |  |
| Ring Conduct |  |  |  |  |  |
| General Knowledge |  |  |  |  |  |


| AKC Canine Good Citizen Test | Description of Test item | Date <br> Mastered |
| :--- | :--- | :--- |
| Accepting a Friendly Stranger | The dog will allow a friendly stranger to approach it and speak to the <br> handler in a natural, everyday situation. |  |
| Sitting Politely for Petting | The dog will allow a friendly stranger to pet it while it is out with its <br> handler. |  |
| Appearance and Grooming | The dog will permit someone to check its ears and front feet, as a <br> groomer or veterinarian would do. |  |
| Walking on a Loose Leash | Following the evaluator's instructions, the dog will walk on a loose <br> lead (with the handler/owner). |  |
| Walking Through a Crowd | This test demonstrates that the dog can move about politely in <br> pedestrian traffic and is under control in public places. The dog and <br> handler walk around and pass close to several people (at least three). |  |
| Sit and Down on Command/Staying <br> in Place | The dog must do sit AND down on command, thenthe owner chooses <br> the position for leaving the dog in the stay. |  |
| Coming when Called | This test demonstrates that the dog will come when called by the <br> handler (from 10 feet on a leash). |  |
| Reaction to another Dog | This test demonstrates that the dog can behave politely around other <br> dogs. Two handlers and their dogs approach each other from a <br> distance of about 20 feet, stop, shake hands and exchange <br> pleasantries. | The evaluator will select and present two distractions such as <br> dropping a chair, etc. |
| Reaction to Distractions | This test demonstrates that a dog can be left with a trusted person, if <br> necessary, and will maintain training and good manners. Evaluators <br> are encouraged to say something like, "Would you like me to watch <br> your dog?" and then take hold of the dog's leash. The owner will go <br> out of sight for three minutes. The dog does not have to stay in <br> position but should not continually bark, whine pace unnecessarily <br> or show anything stronger than mild agitation or nervousness. <br> Evaluators may talk to the dog but should notengage in excessive <br> talking, petting or management attempts (e.g, "there, there, it's <br> alright"). |  |
| Supervised Separation | CGC TEST LOCATION: |  |

## Miscellaneous Expense Record

List any expenses that do not fit into one of the previous categories. This includes dog licenses, kenneling, training fees, transportation, breed association dues, registration papers, show expenses, stud fees, etc.

| Date | Description | Cost |
| :---: | :---: | :---: |
| Example: 7/1/12 | American Kennel Club Registration Fee | $\$ 25.00$ |
|  |  |  |
|  |  |  |
|  |  |  |
|  | Total Miscellaneous Expenses |  |
|  |  |  |

## Miscellaneous Income Record

List any income from project dog such as offspring, stud services, show scholarships, etc.

| Date | Description | Cost |
| :---: | :---: | :---: |
| Example: $7 / 1 / 15$ | Sale of male puppy | $\$ 225.00$ |
|  |  |  |
|  |  |  |
|  |  |  |
|  | Total Miscellaneous Income |  |

## Project Financial Summary

Since most dogs are companion animals and kept as family pets, the objective of keeping financial records is to help you understand the related costs of owning a dog. You are not expected to have income or earn profits from your dog project. This statement shows the income, if any, minus your expenses is the total or net cost of your dog project.

| Income |  |
| :--- | :--- |
| Premiums Won (page 17) | $\$$ |
| Miscellaneous Income (page 22) | $\$$ |
|  | Total Income |


| Expenses |  |
| :--- | :--- |
| Equipment and/or Supplies (page 11) | $\$$ |
| Food and Supplement Expenses (page 14) | $\$$ |
| Health Care: Vaccinations, Parasite Control (page 15) | $\$$ |
| Health Care: Veterinary Visits, medications, surgery (page 16) | $\$$ |
| Miscellaneous Expenses (page 22) | $\$$ |
| Dog Show/Trial Expenses (page 17) | $\$$ |
|  | Total Expenses |

NET Project Cost (Total Income minus Total Expenses)

## 4-H Activities:

Business Meetings (separate from Dog Practice/Training Sessions):

| Date | What Business did the Club <br> Conduct? | Topics or Lessons Discussed |
| :---: | :---: | :---: |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

Did you hold an officer position? $\Upsilon$ Yes $\Upsilon$ No If yes, whichone?

| $\Upsilon$ President | $\Upsilon$ Vice-President | $\Upsilon$ Treasurer |
| :--- | :--- | :--- |
| $\Upsilon$ Secretary | $\Upsilon$ Reporter | $\Upsilon$ Other (please specify): ${ }_{l} \quad$ |

What other leadership roles did you hold this year? (camp counselor, teen leader, etc.)
$\qquad$
$\qquad$
What 4-H committees did you serve on?

What other 4-H clubs and/or projects did you belong?
$\qquad$
$\qquad$

## 4-H Activities (Continued)

## Learning Experiences:

The 4-H motto is "learn by doing". What 4-H activities and learning experiences have you taken part in this year? Here are some suggestions:
$\square$ Clinic
$\square$ Demonstrations
$\square$ Exhibit
$\square$ Illustrated Talk
$\square$ Speech
$\square$ Camp
$\square$ Field Trip
$\square$ 4-H Day at the State Capitol
(Non-Dog) Competition
Project Judging

- Workshop
$\square$ Skillathon
Tour
- Radio/TV Presentation

Write Article for local Newspaper
$\square$ Contest Day
$\square$ Community Service

You should take part in at least two (2) experiences each year. As soon as you have completed an activity, record what you did in the chart below.

| Activity | Date | Location | Comments or Placing |
| :--- | :--- | :--- | :--- |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

[^1]
## Activities other than 4-H

What other clubs, groups or organizations did you belong this year? (school, church, community):
$\qquad$
$\qquad$
Below, list any activities you participated in for school, scouts, sports groups, church, community service, etc. that were not affiliated with 4-H.


Describe any leadership roles you fulfilled outside of 4-H:

## 4-H Story

The motto of 4-H is "learn by doing". Each year we learn something new by participating in a $4-\mathrm{H}$ project. Please write a $4-\mathrm{H}$ story that explains:
$\square$ What you havelearned
$\square$ New skills you have gained over the past year in 4-H (personal, training, leadership, science, dog training, archery, etc.)
$\square$ What goals you have accomplished. How you did so. What goals you will include next year.
Other examples that you may consider writing about include: something that happened that was funny, sad or exciting; challenges you faced and how you overcame them; who helped you with your project and how they contributed; things you are most proud of. Feel free to relate your 4-H experience to other parts of your life (school, home, family, friends, etc.)

Junior members' stories must include a minimum of five (5) sentences (one paragraph). Senior members' stories must include a minimum of three (3) paragraphs.
*If you need additional space, use extra 4-H Story page or attach additional pages.

4-H Story (continued)
$\square$

## Dog Project Photos

Please limit yourself to a maximum of two (2) photo pages and a minimum of two (2) photos. Additional memorabilia should be attached as addendums and/or your 4-H portfolio.

## Dog Project Photos (continued)

## Record Book Scorecard

## 4-H Members:

Leave this page blank. The person judging your book will complete the scorecard.

| Possible <br> Points | Score Criteria | Points <br> Awarded by <br> Judge |
| :--- | :--- | :--- |
| $\mathbf{1 0}$ | Neatness <br> (legible writing, one color ink, well-organized) |  |
| $\mathbf{1 5}$ | Completeness <br> (required signatures, all pages and sections, complete <br> thoughts and ideas) |  |
| $\mathbf{1 0}$ | Accuracy <br> (no math errors, factual statements made) |  |
| $\mathbf{1 0}$ | Project Planning and Goals <br> (goals set, topic of interest writing, learning experiences) |  |
| $\mathbf{2 5}$ | Dog Care and Welfare <br> (dog care, dog personality questionnaire, reading dog food <br> labels, AKC Canine Good Neighbor program, dog <br> overpopulation) | Animal Records <br> (animal info, dog inspection record, inventory, budget, feed <br> expense record, equipment expense record, vet/medical <br> expense record, income record, project cost/profit statement, <br> vaccination record, labor record, evaluating your goals, 4-H <br> participation record |
| $\mathbf{1 0}$ | Photos, clippings, etc. <br> (include one dog food label page 12, include two photos for <br> pages 29/30) |  |
| $\mathbf{1 0 0}$ | Total Points Earned by 4-H'er |  |
|  | Scoring: 90-100 Blue, 75-89 Red, 74 or below White |  |

Judges' Comments:

## 4-H Dog Project Record Book and Portfolio Instructions

The 4-H Dog Project Record Book and Portfolios is a process in which 4-Hers record and analyze their learning experiences in the 4-H Program. Members who submit materials for judging receive evaluation and recognition for their accomplishments. 4-Hers may choose to submit one of the following:

Project/Record Book: A record of the project dog(s) the 4-Her completed for the current calendar year beginning October 1 and ending September 30 of the 4-H year.

Portfolio: An accumulation/history of the life achievements of a 4-Her. They may include material not directly related to $4-\mathrm{H}$ and should be organized by year. Portfolios consist of multiple years of work (except for the first-time submissions). Youth mush complete a Portfolio to be eligible for Top County Awards.

## Educational Goals for the 4-H Project/Record Book and Portfolio:

To teach 4-Hers fundamental record keeping skills
To teach 4-Hers how to set goals and analyze what they have learned in 4-H and other experiences
$\square$ To create a record of accomplishments which document success in 4-H and other experiences
$\square$ To provide 4-Hers an opportunity for recognition

## Instructions for Project/Record Book:

This record is designed to be the place for you to keep records on your project $\operatorname{dog}(\mathrm{s})$. Read through the book carefully and complete all sections requested. Do not leave any sections blank unless they do not relate to your project animal. It is important that you do your own work, but ask your 4-H leader, Extension Agent, parents or other 4-H volunteers for help when you do not understand something.

1. Read through this book and familiarize yourself with the kinds of records you will need and where information should be recorded. Discuss the book with your parent and/or 4H leader.
2. Complete essential information when you first start your project, such as the cover page and the project planning page. Share your goals with your 4-H leader.
3. Keep your records up to date. Record information as it occurs. Consider setting aside specific times during the project when you will work on your record book.
4. Write neatly and legibly. Use only one color ink or type.
5. Include at least one photograph of you with your project animal, but do not include more than two pages of photos. Additional clippings should be displayed as an addendum at the back of this book.
6. Maintain your book in a 3-ring notebook/binder or folder.
7. Write a project story that captures what happened during your project. Discuss your goals, your activities, your challenges and your accomplishments. Project stories must be at least five sentences; more experienced 4-H members' stories should be more in depth.

[^0]:    Virginia Cooperative Extension programs and employment are open to all, regardless of race, color, religion, sex, age, veteran status, national origin, disability, or political affiliation. An equal opportunity/affirmative action employer. Issued in furtherance of Cooperative Extension work,
    Virginia Polytechnic Institute and State University, Virginia State University, and the U.S. Department of Agriculture cooperating. J. David Barrett, Interim Director, Virginia Cooperative Extension, Virginia Tech, Blacksburg; Lorenza W. Lyons, Administrator, 1890 Extension Program, Virginia State, Petersburg.

    VT/0219/4H-8 (4H-846P)

[^1]:    * You may attach additional activities on another sheet behind this page.

