



# Compilation of 4-H Curriculum and Resources Teen Leadership and Development

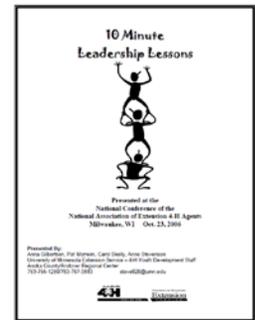
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**Please note:** Some of these resources are PDFs, thus a warning pop up box will appear when some of these links are clicked, please click ok to proceed and access the resource.

## Teen Leadership and Development

Teen leadership is part of the youth development process. It supports growth by allowing one to analyze their own strengths and weaknesses, set personal and professional goals, and develop the self-esteem, confidence, motivation, skills and abilities to direct others, influence opinions, and serve as a role model. The following resources will prove to be useful in your teen leadership and development work.

- [10 Minute Leadership Lessons](#) – These are fun, thought-provoking experiences that can lead to stimulating discussions, meaningful insights, and significant learning for participants.



### 4-H Teen Leadership Project Record Book



For use by New Jersey 4-H leadership project members

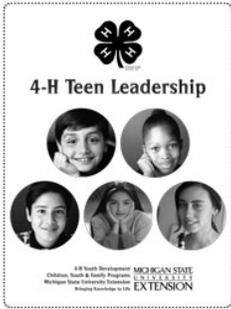
Member name: \_\_\_\_\_ Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Address: \_\_\_\_\_ Grade: \_\_\_\_\_  
Phone #: \_\_\_\_\_  
4-H County: \_\_\_\_\_ Years in Project: \_\_\_\_\_  
Name of club: \_\_\_\_\_ 4-H Year: \_\_\_\_\_  
Club leader's name: \_\_\_\_\_

- [4-H Teen Leadership Project Record Book, New Jersey 4-H](#) –

This book can be used by youth who are involved in leadership work as a way to document their leadership goals, action plan, and what they learned as a result.

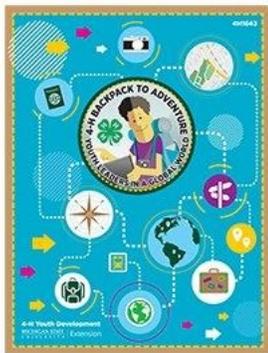
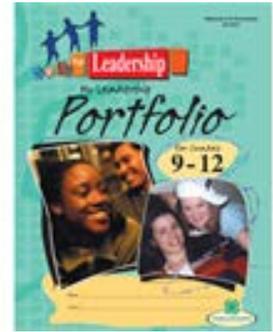
- [Teen Leadership 20](#) – Twenty teen leadership lessons ranging from defining yourself as a leader to developing your own personal brand.





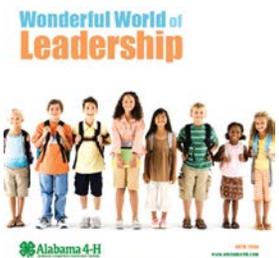
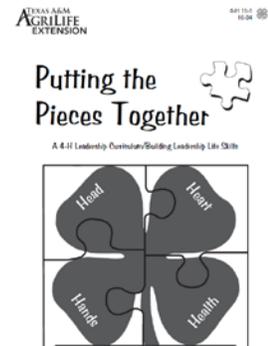
- [4-H Teen Leadership](#) – This publication explains the role and responsibilities of teen leaders, outlines the objectives of teen leadership and describes how teens can become teen leaders.

- [Step Up to Leadership National 4-H Curriculum](#) – Age-appropriate content that focus on the development of leadership through: personal skill assessment, relationship building, communication, planning and organizing, and group process.



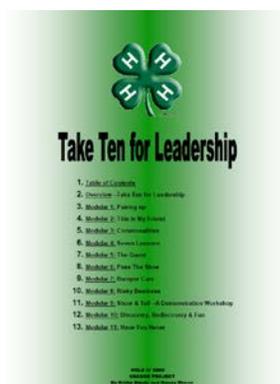
- [4-H Backpack to Adventure: Youth Leaders in a Global World](#) – For adult and teen volunteers, parents, professionals and others who work with youth and want to help them develop the knowledge and skills needed to become leaders in an interconnected, global environment. \$65.00.

- [Putting the Pieces Together: Building Leadership Life Skills](#) – An experiential learning curriculum for youth and adult volunteers to use in teaching leadership life skills.



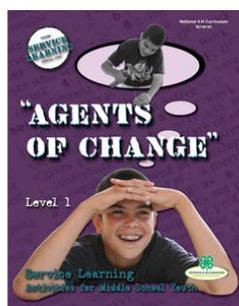
- [Wonderful World of Leadership](#) – A leadership curriculum that is designed to help 6<sup>th</sup> to 8<sup>th</sup> grade students learn and practice leadership skills.

- [YA4-H! Teens as Teachers](#) – This 118-page curriculum has everything you need to prepare your teens to be effective cross-age teacher. Based on research on teen teachers, the train-the-trainer format prepares teens and their adult mentors for this role.



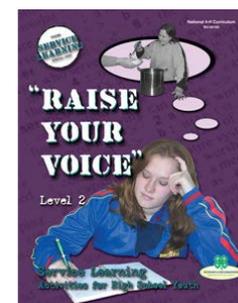
- [Take Ten for Leadership](#) – Is a curriculum for 4-H club leaders and 4-H teen leaders. Through this curriculum members will develop leadership skills and be provided with opportunities to apply those skills to personal and community issues.

- [Youth Engaged in Learning about Leadership \(YELL\)](#) – This curriculum is designed to assist youth leaders and their educators in understanding and developing skills in three core areas of leadership development: personal leadership, organizational leadership, and community leadership.



- [Service Learning 1: Agents of Change](#) – For middle school aged audiences. Youth become “Special OPPortunities Agents,” as they follow a series of exciting activities that engage youth in their community and allow them to reflect on their experiences.

- [Service Learning 2: Raise Your Voice](#) – A no-nonsense guide for older youth that introduces service learning as an empowering learning vehicle for young leaders.



## Officer Training

Officer trainings are a great way to help prepare youth to serve as functional leaders for their clubs. Trainings also provide a great opportunity for youth officers and leaders to bond and establish a true youth/adult partnership. Included are some useful training manuals as well as resources that provide a hands-on experience to empower youth in leadership positions within the 4-H Club setting.

### Manuals:

- [Maryland 4-H Officer Training made easy...Facilitator's Guide](#)
- [Clemson 4-H Officer Training Manual](#)
- [Tennessee 4-H, Robertson County, Officer Training Manual](#)
- [Kentucky 4-H Club Officers Manual](#)
- [Montana 4-H Youth Officer Training Guide](#)
- [Missouri 4-H, So You Are a 4-H Club Officer](#)
- [Ohio 4-H Online Officer Training Modules](#)

### Resources:

- [4-H Club Meeting Tools](#) – inclusive of a club meeting outline, officer training manual, tips for public speaking, and more.
- [Simple Parliamentary Procedure](#)
- [Design Your Own Clover Activity](#) – a great way to have members share their ideas and interests for club goal and program planning.

### Recommended Books:

- [Building Everyday Leadership in All Teens: Promoting Attitudes and Actions for Respect and Success](#)
- [Courage: The Backbone of Leadership](#)
- [Learning Leadership: The Five Fundamentals of Becoming an Exemplary Leader](#)
- [The One Thing You Need to Know](#)
- [The 360 Degree Leader: Developing Your Influence from Anywhere in the Organization](#)