



Virginia 4-H Dog Project Senior Record Book (ages 14-19)

Virginia
Cooperative Extension





Virginia 4-H Dog Project



Senior Record Book (for youth ages 14-19)

Name _____ Date of Birth _____ Age _____

Physical Address _____

Mailing Address (if different) _____

What county/city 4-H program are you enrolled in with this project _____

4-H Club _____ Years in 4-H (including this year) _____

Date Project Started: _____ Date Project Completed: _____

Member Statement:

I hereby certify that I have personally kept records on this project and have personally completed this record book.

4-H Member's Signature _____ Date: _____

Record Approval: The 4-H member has completed this record book to a satisfactory level.

Parent/Guardian Signature: _____

4-H Leader's Signature: _____

4-H Agent's Signature: _____

www.ext.vt.edu

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Instructions for Using this Record Book

This record is designed to be the place for you to keep records on your animal projects. Read through the book carefully and complete all sections requested (for example, project planning, feed and health care purchases, supplies and tools, results from shows, and a financial summary). Do not leave any sections blank unless they do not relate to your project animal. It is important that you do your own work, but ask your 4-H leader, Extension Agent, parents, or other 4-H volunteers for help when you do not understand something.

This project record book is for record-keeping only. Information about how to raise these animals can be found in various 4-H Project Guides. Copies of project guides may be obtained from your local Virginia Cooperative Extension office.

1. Read through this book and familiarize yourself with the kinds of records you will need and where information should be recorded. Discuss the book with your parent and/or 4-H leader.
2. Complete essential information when you first start your project, such as the cover page and the project planning page. Share your goals with your 4-H leader.
3. Keep your records up to date. Record information as it occurs. Consider setting aside specific times during the project when you will work on your record book.
4. Write neatly and legibly. Use only one color ink.
5. Include at least one photograph of you with your project animal, but do not include more than two pages of photos. Additional clippings should be displayed in a scrapbook, not this record book.
6. Maintain your book in a 3-ring notebook/binder or folder.
7. Write a project story that captures what happened during your project. Discuss your goals, your activities, your challenges, and your accomplishments. Project stories must be at least five sentences; more experienced 4-H members' stories should be more in depth.

Revised 2011 by: Lenah Nguyen, President and Fairfax County Extension Agent; Kathleen Jamison, 4-H Specialist, State 4-H Office; Susan Nepomuceno, Vice President and Hanover County Volunteer Leader; Brenda Shaver, Secretary/Treasurer, Fairfax County Volunteer Leader; Terry Misch, State Dog Show Committee Chair and King George County 4-H/ANR Program Technician; Sue Coleman, State Dog Show Committee Chair and King George County Volunteer Leader; and Kenny Wilkinson, Augusta County Volunteer Leader.

Project Planning

1. What breed or type of project animal will you select and why?

2. Where will you get your project animal? What are your reasons for selecting that breed?

3. What factors will you consider when selecting your project animal (breed, age, price, etc.)?

4. What are your training plans (obedience, showmanship, agility, etc.)?

5. What is your cost estimate for this project? _____

After completion, show this page to your 4-H leader for approval.

Leader's Signature: _____

Date: _____

Animal Care and Management

Your project requires regular care and management. List the things necessary to take care of your project.

Include the following:

- Feeding and watering practice
- Grooming (clipping, trimming, foot care, etc.)
- Health practices and medicine
- General management (cleaning living area and feed pans, kennel/housing, etc.)

Daily – Things done every day
<i>Example: fed, gave fresh water</i>
Weekly – Things done once a week
<i>Example: groomed</i>
Monthly – Things done once a month
<i>Example: nails trimmed</i>
Yearly – Things done one time or occasionally throughout the year
<i>Example: Vet exam, rabies, fleas/tick, county dog license</i>

Worksheet - How to Calculate Monthly Cost of Food

Complete this page for one dog project

Food

Cost of a bag of food: \$ _____ ÷ _____ lbs. in the bag = \$ _____ per lb.

Amount fed: _____ lbs. per day X _____ days (in month) = _____ lbs.

Monthly cost of food: \$ _____ X _____ lbs. =
(Cost per lb. food) (Total amount fed) (Monthly cost of food)

Supplements

Cost of supplements: \$ _____ ÷ _____ oz. or lb. in container = \$ _____ per oz. or lb.

Amount fed: _____ oz. or lb. per day X _____ days (in month) = _____ oz. or lb.

Monthly cost of supplements: \$ _____ X _____ oz. or lb. =
(Cost per oz. or lb.) (Total amount fed) (Monthly cost of supplements)

Food Records

Keeping good feeding records is important. A good practice is to enter your food expenses when you buy food. Keep a calendar and write down the amount and the kind of food used each day. At the end of the month, total each kind of food used and its cost and record the information below.

Month	Type of Food/Supplements (dry, moist, what supplements.)	Amount (indicate lbs, oz, etc.)	Cost or Value	
_____ days	_____	_____	\$ _____	Total Cost
			\$ _____	
			\$ _____	
_____ days	_____	_____	\$ _____	Total Cost
			\$ _____	
			\$ _____	
_____ days	_____	_____	\$ _____	Total Cost
			\$ _____	
			\$ _____	
_____ days	_____	_____	\$ _____	Total Cost
			\$ _____	
			\$ _____	
_____ days	_____	_____	\$ _____	Total Cost
			\$ _____	
			\$ _____	
_____ days	_____	_____	\$ _____	Total Cost
			\$ _____	
			\$ _____	
_____ days	_____	_____	\$ _____	Total Cost
			\$ _____	
			\$ _____	
_____ days	_____	_____	\$ _____	Total Cost
			\$ _____	
			\$ _____	
_____ days	_____	_____	\$ _____	Total Cost
			\$ _____	
			\$ _____	
_____ days	_____	_____	\$ _____	Total Cost
			\$ _____	
			\$ _____	
_____ days	_____	_____	\$ _____	Total Cost
			\$ _____	
			\$ _____	
_____ days	_____	_____	\$ _____	Total Cost
			\$ _____	
			\$ _____	
Total Food Cost for Project				

Food Bag Information

Please attach a tag or label from one food bag being used for your project animal. If a homemade mix is used, please describe the mix on a separate page.

1. What production level or type of animal is this food designed for? (*Example: maintenance, performance, puppy, weight control, lactating animal, growing animal, etc.*)

2. What are the crude protein and fat levels of this food?

3. What is the main ingredient in this food? (*Hint: if the answer is not clear, it's probably the first ingredient listed.*)

4. The TDN (Total Digestible Nutrients) level of a food indicates energy value. Please calculate the TDN level of this food. Crude fiber level can be found on your food bag.

$$\text{Formula} = \{84 - (1.5 \times \% \text{ Crude Fiber})\} - \frac{\quad}{\quad} \% \text{ TDN}$$
$$\text{(Example } \{84 - (1.5 \times 15)\} = 61.5 \% \text{ TDN)}$$

Health Record

Name of Dog: _____

Vaccination Record			
Frequency Given	Date(s)	Vaccination Type <small>*The starred vaccines are often given in combination. If your dog receives a combination, just circle what is included and list the cost once.</small>	Cost
		Distemper*	
		Hepatitis*	
		Leptospirosis*	
		Parainfluenza*	
		Parvovirus*	
		Rabies	
		Bordetella	
		Lyme vaccine	
		Other	
Total Vaccination Expenses			\$

Internal Parasite Control <small>(Example: heartworm, round, hooks, whip, tapeworms)</small>			
Date	Name of Dog(s) Treated	Brand, dose, and how you gave it	Cost
Total Internal Parasite Expenses			\$

Total External Parasite Control <small>(Example: fleas, ticks)</small>			
Date	Name of Dog(s) Treated	Brand, dose, and how you gave it	Cost
Total Vaccination and Parasite Expenses			\$

Vet Check/Treatment

Date	Dog	Diagnosis/Treatment	Cost
Total Vet Expenses			\$

Training Record

Check commands that your dog obeys and tricks that it has learned. Use blank spaces to add others not listed.

Obedience	Date Learned	Date Demonstrated
Heel on leash		
Heel off leash		
Come when called		
Recall		
Sit		
Sit and stay		
Down		
Down and stay		
Down/Drop on recall		
Stand		
Other:		
Sr. Showmanship	Date Learned	Date Demonstrated
Sr. Showmanship		
Other:		
Obstacles/Agility	Date Learned	Date Demonstrated
Over jumps		
Chutes		
Through barrels		
Through tunnels		
Seesaw		
Aframe		
Other:		
Rally	Date Started	Date Demonstrated
Rally Nov/Adv/Exc		
Other:		
Tricks	Date Learned	Date Demonstrated
Play catch		
Carry		
Fetch		
Don't touch it/Leave it		
Roll over		
Other:		

Show Ring Record

Record the date and name of any shows attended, placing out of the number of entries in the class, and any premium money earned.

Date	Show	Venue	Class	Placing	Premiums/ Prizes Won	Entry Fees	Score
		4-h, AKC, UKC, etc.		___ out of ___			
				___ out of ___			
				___ out of ___			
				___ out of ___			
				___ out of ___			
				___ out of ___			
				___ out of ___			
				___ out of ___			
				___ out of ___			
				___ out of ___			
				___ out of ___			
				___ out of ___			
				___ out of ___			
				___ out of ___			
				___ out of ___			
				Total Premiums Won			
				Total Entry Fees			

Miscellaneous Expenses or Fees

List any expenses that do not fit into one of the previous categories. (Examples: kenneling, training fees, transportation, breed association dues, registration papers, show expenses, etc.)

Date	Description	Amount Earned \$
Ex. 7/1/_ _	American Kennel Club registration fee	\$25.00
Total Miscellaneous Expenses		\$

Miscellaneous Income

Any income from your project animal. (Examples: offspring, premiums, show scholarships, etc.)

Date	Description	Amount Earned \$
Total Miscellaneous Expenses		\$

Project Financial Summary

(one chart for all)

Value of Project(s):

Income	
Premiums won (p.13)	\$
Miscellaneous income (p.15)	\$
Total Income =	\$

- Many youth select projects as a hobby or for fun, but all projects will incur expenses. Please use this section to list all expenses related to participating with this project animal.

Expenses	
1. Equipment and/or supplies (pg 5)	\$
2. Food expenses (pg 7)	\$
3. Health care, parasite control, vaccination (pg 10)	\$
4. Health care expenses (vet checks) (pg 11)	\$
5. Show expenses (pg 13)	\$
6. Miscellaneous expenses (pg 15)	\$
	\$
	\$
Total Expenses =	\$
Financial Summary (Total Income – Total Expenses)	\$

Questions

1. Was the cost of keeping your project what you expected?
2. How does this summary compare to what you planned or estimated? (see page 2, question 5)
3. What will you do differently next year?
4. How has the value of the dog changed for you since the project began?

4-H Activities

Number of club meetings held: _____

Number you attended: _____

What 4-H committees did you serve on?

Did you hold an officer, or committee chair position in your 4-H club? Yes No

If Yes, which one?

- President
 Vice President
 Secretary
 Reporter
 Treasurer
 Other _____

What other 4-H leadership roles did you hold this year? (camp counselor, teen leader, etc.)

What other 4-H clubs did you belong to and/or what other projects did you complete?

4-H Activities

(community service, workshops, camps, Share-the-Fun, county contests, judging teams, etc.)

Activity	Date	Location	Placing or Comments

Note: You may photocopy pages 16-17 and add to other project books if you have more than one project type.

Activities Other Than 4-H

What other clubs or groups did you belong to this year? (school, church, community, etc.)

List any activities you participated in for scouts, sports groups, church, community service, etc. that were not affiliated with 4-H.

Activity	Date	Comments

What leadership roles did you fulfill outside of 4-H? (school, church, community, etc.)

Note: You may photocopy pages 16-17 and add to other project books if you have more than one project type.

4-H Story

The motto of 4-H is “learn by doing.” Each year we learn something new by participating in a 4-H project. Please write a story that explains:

- What you have learned.
- New skills you have gained over this past year in 4-H. (personal, training, leadership, science, etc.)
- What goals you accomplished. How did you do so? What goals will you include next year?

Other examples that you may consider writing about include: Something that happened that was funny, sad or exciting; challenges you faced and how you overcame them; who helped you with your project and how they contributed; things you are most proud of. Feel free to relate your 4-H experience to other parts of your life (school, home, family, friends, etc.).

Senior members’ stories must be at least three paragraphs of six sentences each.

If you need additional writing space, use extra 4-H Story page at the back of the book or attach an electronic copy.



Project Photos

Please limit yourself to a maximum of two photo pages.



Additional memorabilia should be displayed in a scrapbook or 4-H portfolio.

Optional—Record Book Scorecard

4-H Members: Leave this page blank. The persons judging your book will agree on the completion of the score card.

Possible points	Score Criteria	Points Awarded by Judge
10	Neatness (legible writing, one color ink, well-organized)	
15	Completeness (all pages and sections, complete thoughts and ideas)	
5	Signatures obtained on front cover (member, parent, leader)	
10	Accuracy (no math errors, factual statements made)	
20	Project Work (goals set, evidence of work throughout the year, goals accomplished, book completed by 4-H member, not an adult)	
10	4-H Participation (meetings, clinics, workshops, camps, contests, educational experiences)	
20	Project Story (well-written, original, creative, complete thoughts, grammar, mechanics)	
10	Photos, clippings, etc. (include at least one photo, not more than 2 pages)	
100	Total Points Earned by 4-Her	
Scoring: 90-100 Blue, 75-89 Red, 74 or below White		

Judges' Comments:

4-H Story

Project Planning