

4-H Member Record Book • Experienced Junior

For use by youth 9-13 years old as of September 30th of the current year AND 3 years or more in an Animal Science project

(Complete this form annually)

Year: _____ Years in 4-H: _____ Age: _____ (as of Sept. 30)

Name: _____

Address: _____

Unit/County: _____

Club(s): _____

of Meetings Held: _____ # of Meetings Attended: _____

Please insert or place a photo of yourself and your project or you participating in a 4-H activity.

By signing this, I verify the member is enrolled and has completed appropriate project work.

Leader's Signature: _____

By signing this, I verify that all information in this record book is the work of the 4-H youth.

4-H Member's Signature: _____

Parent's Signature: _____



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SECTION 2: Project Information

A 4-H project is an area of interest that the member spends a significant amount of time and effort on during that year.
Please list all 4-H projects in which you participated this year.

| Project Year(s) | Project Enrolled |
|-------------------|------------------|
| Ex: 2008-10, 2014 | Breeding Heifer |
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Please refer to the Record Book Guide

SECTION 3: 4-H Participation/Activities/Educational Events

This section is for learning experiences in which the member has been a participant and not a teacher. Be specific! List details like location, date, etc. Examples include, but are not limited, to educational programs at club meetings, workshops/clinics, 4-H share the fun/talent shows, 4-H camps, judging contests, quiz bowls, skill-a-thons, fashion revue, demonstrations, TV or radio presentations, 4-H livestock & horse shows, photography exhibits, etc.

| Year | Description | Check all that are appropriate | | | | |
|------|---------------------------------|--------------------------------|-------------|----------|-------|----------------------------|
| | | Club | Unit/County | District | State | National/ International |
| 2011 | Example: Halter Making Workshop | ✓ | | | | |
| 2014 | Example: Virginia 4-H Quiz Bowl | | | | ✓ | |
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Please refer to the Record Book Guide

***Keep this page as a part of your permanent 4-H record. Do not replace this page each year. Please add to it. This page will be useful for those youth who wish to submit 4-H All-Star applications.*

SECTION 4: 4-H Awards and Recognition

List recognitions, honors and awards received during the 4-H year. Examples include, but are not limited to, county project awards/pins, ribbons/awards earned through participation in contests, plaques, trophies, certificates, tangible items (such as embroidered apparel or show supplies), or scholarships. Danish system ribbons (blue award, red award, white award) count, as do grand champion animals, high individuals in contests, perfect attendance for clubs, etc.

| Year | Name of Contest Recognition Event and Location of Event | Note your placing under the appropriate level I = Individual Placing; T = Team Placing | | | | |
|------|---|---|-------------|----------|---------|----------------------------|
| | | Club | Unit/County | District | State | National/ International |
| 2011 | Example: Share the Fun — Dance Act, Sunshine Elementary School | | blue | | | |
| 2014 | Example: Virginia Youth Poultry Convention, Hen Judging, Harrisonburg, Virginia | | | | 10I, 4T | |
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SECTION 5: 4-H Leadership, Citizenship, and Community Service

- a. Leadership roles include: being a club officer, teaching others, organizing an activity, event, or meeting; selecting and preparing materials for a meeting, and scheduling presenters for a meeting. Being the chair of a committee and insuring that the committee worked to accomplish its task is leadership.
- b. Citizenship activities may include: serving on a committee, making a presentation to city or county government, 4-H Day at the State Capitol, teaching/leading the pledge at a meeting or county function, serving as a delegate to State or National 4-H Congress, Citizen Washington Focus, etc.
- c. Community service activities benefit people who are not related to you. If you receive compensation for the activity, it becomes a job, not a service activity. Examples include, but are not limited to, visits to a nursing home, trash pick-up in the community, collecting and donating items for those in need, clean-up a local park, etc.

| Year | Event and Your Role | Leadership | Citizenship | Community Service |
|------|---|------------|-------------|-------------------|
| 2011 | Example: Dairy Club, Treasurer | ✓ | | |
| 2014 | Example: Great Plains Livestock Club Trash Clean-Up Participant, January 31 | | | ✓ |
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SECTION 7: 4-H Experiences

In the space below write one to four paragraphs about your 4-H experiences this year. Please include:

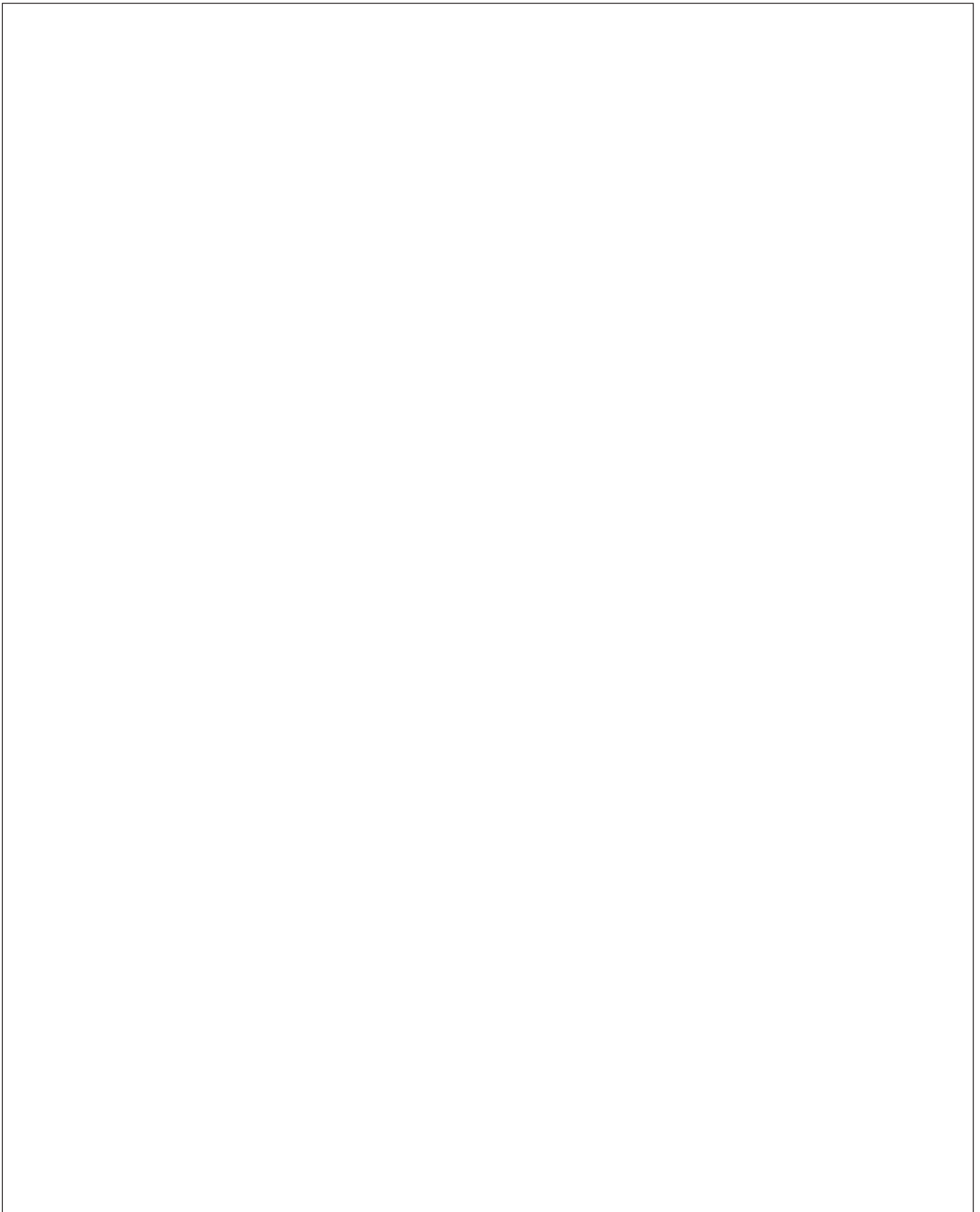
- 4-H projects, activities and events you participated in this year. and tell how you have benefited from participating in 4-H these 4-H projects, activities and events.
- Information about your project experiences including knowledge and skills gained. What goals did you set and did you achieve your goals?
- Information on your leadership and citizenship activities

The above items are minimum standards; feel free to add additional information

SECTION 7: 4-H Experiences

Photos (optional)

Photos help tell about your 4-H Experiences. Add 1 page of photos related to your 4-H projects and activities this 4-H year. Please include a caption explaining the photo.



SECTION 8: Production Records, Calculations, or Project Knowledge

Complete One Project Record Per Species

PART 1

On this page, you need to choose two supplemental assignments related to your project. Refer to the Record Book Guide for additional information. You may choose to show additional records, such as breeding, production, or carcass records. You may also choose to show calculations related to your project, such as average daily gain, breakeven cost, or feed to gain ratio. A third category would be project knowledge. You can provide an illustration, chart, or written description of a topic such as the ruminant digestive system, embryo transfer, or a biosecurity plan for your farm.

If more space is needed please use additional sheets and attach to this page.

Record/Calculation/Project Knowledge Assignment 1

Record/Calculation/Project Knowledge Assignment 2

SECTION 8: Production Records, Calculations, or Project Knowledge

Complete One Project Record Per Species

PART 2

Please select only one species below.

Beef Dairy Cattle Dairy Goat Meat Goat Poultry Sheep Swine
 Rabbit Other _____

Number of Breeding and/or Market Animals for Selected Species: _____

Complete the financial summary below using the record book guide to assist in calculating each expense or income.

| Income | |
|---|---------------------|
| Income | Total Amount |
| Money Received for Animals or Products Sold | |
| Premiums | |
| Scholarships | |
| Other Income | |
| Total Income | |

| Expenses | |
|---------------------------|---------------------|
| Expense | Total Amount |
| Cost of Animals Purchased | |
| Feed Cost | |
| Vet/Health Cost | |
| Other Cost | |
| Total Expenses | |

Net Profit/Loss of Project _____

1. How did your expenses compare to what you thought they would be? _____

2. What will you do differently next year? _____